



PSYCHOLOGIST PRESENTATION MATRIX:

Therapy focus areas, suitability & triage guidance



Use this matrix to guide **clinician matching** based on **presentations** and **focus areas**, supporting **streamlined triage and referrals**.

educare.net.au/submit-a-referral

	MARIA ANDREOLI	DAVID LAMBERT	DR ROBERT BAIRD	LEILANI DE SILVA	LAURA BONUS	MELANIE GRABHAM	TRISTEN HATCH	LAURA NOLAN	VERONICA WEST	DR NICOLE REECE	NATALIE ADCOCK	GINA MCGRATH	DAVID PEARCE
AGES	0-18	4+	4+	4+	4-18	10+	12+	14+	15+	15+	16+	16+	18+
ASSESSMENTS	▷	▷	◆		✓	▷					▷		
WORKERS' COMPENSATION				✓			✓	✓	✓		✓	✓	✓
CORE PRESENTATIONS													
Anxiety	◆	✓	✓	✓	◆	◆	✓	✓	✓	✓	✓	✓	✓
Mood & depression	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Emotional regulation & impulsivity	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Stress & adjustment	✓	✓	✓	✓	✓	✓	✓	✓	◆	✓	✓	✓	✓
Self-esteem & identity	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Interpersonal & social difficulties	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Relationships & family dynamics	✓	✓	✓	✓		✓	✓	◆	◆	✓	✓	✓	✓
School-related concerns	✓	✓		✓	✓	✓		✓	✓		✓		▷
Grief & loss		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	▷
Sleep problems	✓		✓	✓		✓		✓	✓	✓		✓	▷
Life coaching and skills work	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
COMPLEX / SPECIFIC PRESENTATIONS													
PTSD & trauma	✓		◆	✓	✓	◆		✓	✓	✓	✓	✓	✓
OCD		✓	✓	✓	◆			✓	✓	✓	✓	✓	▷
Eating disorders				✓									▷
Feeding and eating difficulties				✓									▷
Antenatal & postnatal			✓	✓		✓		✓			✓	◆	
Bipolar disorders		✓		✓		✓		✓	✓		✓		▷
Body dysmorphia		▷	✓	✓		▷			✓		✓		▷
Chronic pain & chronic illness		✓	✓	◆		✓		✓			✓		▷
Gender identity				✓					✓	◆	✓		▷
LGBTIQ+ support								✓	✓	◆	✓		▷
Psychosis & schizophrenia			✓	✓				✓	✓	✓	✓		▷
Suicidal ideation & self-harm	✓	✓	✓	✓	✓		✓	✓	✓		✓		▷
Personality disorders			✓	✓			✓	◆	✓	✓	✓	✓	▷
Substance use / drug & alcohol			✓	✓		▷	✓	✓	✓	✓	✓		◆
Women's health				◆				✓			✓	◆	
Neurodivergence	◆	✓	✓	✓	◆	✓	✓	◆	◆	✓	◆		✓

◆ Strong experience and interest ✓ Works confidently in this area ▷ May be suitable